



Capital Health Healing Arts

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capitalhealth.org/healingarts



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information about Healing Arts.



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Healing Arts at Capital Health

At Capital Health, we recognize that the visual and performing arts are not just good for your eyes and ears. Research in neuroscience, psychology, and integrative medicine shows that engaging with art can reduce stress hormones, lower blood pressure, improve mood, and activate neural pathways associated with resilience and recovery. This strong connection between creativity and well-being inspires us to weave art into the fabric of our care to offer moments of comfort, reflection, and emotional relief during hospital stays.

Investors Bank Art and Healing Gallery

We showcase the work of local artists in rotating exhibitions in our Investors Bank Art and Healing Gallery. Located in the second-floor atrium at Capital Health Medical Center – Hopewell, these exhibitions serve as a source of inspiration and reflection for all who walk our halls.

Artwork in the gallery is available for purchase, with 75% of each sale supporting the artist and 25% contributing to the Healing Arts Fund to sustain future exhibitions, performances, and therapeutic arts initiatives.



Music Therapy and Live Performances

Music has a measurable impact on the nervous system by slowing the heart rate, easing muscle tension, and triggering the release of dopamine and endorphins. At Capital Health, we harness these effects through a variety of live musical experiences:

- ... Daily live piano performances in the second-floor atrium at Capital Health Medical Center – Hopewell.
- ... Special one-time performances, including small orchestral ensembles, vocalists, and dance pieces.



Transforming Spaces Through Art

Art installations throughout Capital Health Regional Medical Center and Capital Health Medical Center – Hopewell create calming and supportive spaces for patients, visitors, and staff, with curated pieces placed throughout hallways, waiting areas, and discharge lounges.

Contact Us

Your creativity and support help us bring healing, beauty, and inspiration to our community. To learn more, or to explore exhibition or performance opportunities, contact the Capital Health Foundation at foundation@capitalhealth.org or 609.303.4121.