



JUNIOR PROGRAMS - SEASONAL

Program and their duration

Program offered for weekdays 4:00pm – 6:00pm. Weekend options only for limited roles with 3-hour shifts.

- **Fall Program** - runs for 10 weeks from October to December
- **Winter Program** - runs for 10 weeks from December - March
- **Spring Program** – runs for 10 weeks from March - June

Requirements for the Seasonal Program

- Eligibility Age: 15 to 18 years (student should be 15 years at the time of the program orientation)
- Commit to entire length of program and consistent attendance.
- Submit the Junior Volunteer application form online.
- Submit all required paperwork on time.
- Submit all required vaccination details to get medical clearance.
- Purchase uniform.
- Attend the orientation program.
- Ready to start volunteering!

Documents required completing and submitting –

You will receive the following forms upon successful completion of an online application -

1. **Reference Letter** - Completed and signed by your homeroom teacher or guidance counsellor.
2. **Junior Volunteer Agreement & Parental Consent Form** - Completed & signed by student and parent/guardian.
3. **Junior Volunteer Health Screening** – Completed by parent with a copy of current immunization records. Completed and attested by physician incase separate copy of immunization is not provided.
4. **Schedule Form** – Select two most preferred days of volunteering so we can assign your schedule. The time is fixed and campus assigned based on availability.
5. **Authorization for Capture and Use of Images Volunteers** - Completed & signed by parent/guardian.

Uniforms –

All Junior Volunteers have to wear their uniforms – blue polo shirt and badges while they are in the hospital volunteering. Polo shirts will be provided at orientation for a cost of \$20.00. Payment only accepted via checks, made out to Capital Health with Volunteer Uniform in Memo.