



— ENTER NOW! —

**We will be selecting ONE WINNER
in each of the following categories:**

- Most Impactful
- Most Creative and Original
- Best Use of Messaging
- Honorable Mention

RULES AND GUIDELINES:

- Video should address various aspects of excessive screen time and can include personal stories, statistics, and creative storytelling to engage the audience.
- Videos must be 30-60 seconds long
- Students can work in groups or individually
- Your school's PTO/PTA could win \$2,000!

QUESTIONS:

Rebecca Kelly, *Director of Strategic Partnerships*
Rkelly2@capitalhealth.org



**Look for the official contest rules
and entry form online at:
capitalhealth.org/healthystudents**



The 2023-2024 "Teens Off Screens" PSA Video Contest runs from November 1, 2023 through March 1, 2024, and is only open to students who attend the following public middle schools in these Pennsylvania and New Jersey school districts: Pennsbury; Council Rock; Neshaminy; New Hope-Solebury; Hamilton Township; Hopewell Valley Regional School District; Trenton; Ewing; Lawrence Township.