



## Community Service Options for Juniors

*These donations are strictly used to support Service Projects for our In - patients*

Please find details on projects and donations.

- ✚ **Only items that fit the specifics of the requirement will be accepted.**
- ✚ **An email to [volunteer@capitalhealth.org](mailto:volunteer@capitalhealth.org) needs to be sent in with the details of what you are choosing to donate to confirm current requirement from our office.**
- ✚ **Drop offs without appointments will not be accepted.**
- ✚ **Amazon links provided with the items below are just pointers to give you an idea of what is acceptable. You can choose to purchase them any place as long as they fit the criteria of accepted items.**

### ❖ **Magazine Collection: 2 Hour of Volunteer Service Hours for 10 Magazines**

We always have a need for current magazines for our patients. Current magazines in any language are greatly appreciated. Magazines should be **no older than 3 months**.

**NOT Accepted:** Store circulars, coupon books, TV Guides, inappropriate magazines for adult audiences only, advertisements, and community circulars/advertisements.

Remove address labels with personal identification information to protect the privacy of the donor. (Do not *cross out* – please remove or cut address label).

### ❖ **Adult playing cards –**

- **Accepted** – New in original packaging
- **Quantity** - 10 packs
- **Hours Earned** – 4 hrs
- **Link** - [https://www.amazon.com/LotFancy-Playing-Standard-Blackjack-Euchre/dp/B071G7Y3XL/ref=sr\\_1\\_1\\_sspa?crd=OTUCPOLF9J8Z&keywords=bulk%2Badult%2Bplaying%2Bcards&qid=1660577338&sprefix=bulk%2Badult%2Bplaying%2Bcard%2Caps%2C67&sr=8-1-spons&th=1](https://www.amazon.com/LotFancy-Playing-Standard-Blackjack-Euchre/dp/B071G7Y3XL/ref=sr_1_1_sspa?crd=OTUCPOLF9J8Z&keywords=bulk%2Badult%2Bplaying%2Bcards&qid=1660577338&sprefix=bulk%2Badult%2Bplaying%2Bcard%2Caps%2C67&sr=8-1-spons&th=1)

### ❖ **Kids playing cards –**

- **Accepted** – New in original packaging. Old Maid, Go Fish, Slapjack, Crazy 8's, War, and Silly Monster Memory Match.
- **Quantity** - 10 packs
- **Hours Earned** – 4 hrs

- **Link** - [Amazon.com: Regal Games - Kids Classic Card Games - Includes Old Maid, Go Fish, Slapjack, Crazy 8's, War, and Silly Monster Memory Match- for Family Game Nights, Parties - Set of 6 Games : Toys & Games](#)

### ❖ **Art Supplies for Art Cart: Colored Pencils**

- **Accepted** – New in original packaging; packets of 6/8/10/12 accepted
- **Quantity** - 10 packs
- **Hours Earned** – 4 hrs
- **Accepted** – Bulk - Pack of 72/114/240
- **Hours Earned** – Bulk - 4/8/10 hrs
- **Link** - [Amazon.com: Crayola 8 Ct Colored Pencils, 6 Packs : Office Products](#)

### ❖ **Art Supplies for Art Cart: Play Dough**

- **Accepted** – New in original packaging.
- **Quantity** - Mini tubs a set of 20
- **Hours Earned** – 4 hrs
- **Accepted** – Bulk - Pack of 72/114/240
- **Hours Earned** – 4/8/10 hrs
- **Link** - [Amazon.com: Crayola 8 Ct Colored Pencils, 6 Packs : Office Products](#)

### ❖ **Art Supplies for Art Cart: Mini Fidget Toys**

- **Accepted** – New in original packaging.
- **Quantity** - 24 mini popits.
- **Hours Earned** – 5 hrs
- **Link** - [Amazon.com: 24Pcs Mini Pop Fidget Bubble Sensory Toy Pack Squeeze Keychain Toys, Mini Push Pop Bubble Fidget Toy, Simple Silicone Fidget Stress Relief Hand Toy, Anti-Anxiety Office Desk Toys for Kids Party Favors : Toys & Games](#)

### ❖ **Art Supplies for Art Cart: Puzzles**

- **Accepted** – New in original packaging. Mini puzzles from dollar store for adults/kids.
- **Quantity** - 10 packs.
- **Hours Earned** – 4 hrs
- **Link** - <https://www.dollartree.com/cra-z-art-r-puzzle-bug-puzzles-100ct-boxes/313719>

### ❖ **Art Supplies for Art Cart: Toys**

- **Accepted** – New toys (in original packaging) Small activity kits for Toddlers/Teens.
- **Quantity** - 10 packs.
- **Hours Earned** – 4 hrs
- **Link** - <https://www.dollartree.com/pop-outz-grab-bags-licensed-activity-kits/227318>

### ❖ **Color A Smile:**

We help support the **Color a Smile** which is a nonprofit organization that distributes cheerful drawings to **Our Troops Overseas, Senior Citizens and anyone in need of a smile.**

It's super simple – just pick coloring sheets from our office and submit it back to us once done. We will have them sent to the organization last week of every month. Alternately you can print the sheets at home from the link below and submit it to us - <https://colorasmile.org/volunteer/coloring-pages/>

**General Instructions for Volunteers -**

1. **Print** a page from the link or pick from our office.
2. **Color** the page using crayons or markers. (Please NO GLITTER)
3. **Sign** the drawing with your FIRST name and AGE. (Please NO DATES on any drawings)
4. **Only 20 sheets** per person will be accepted and incomplete sheets will not be accepted and will be discarded.
5. Hours earned – 1 hour per 10 sheets.

If you have any questions, please contact the Volunteer Services department between 8 a.m. - 4:30 p.m. Monday through Friday.

Call: [609-303-4023](tel:609-303-4023) or Email: [volunteer@capitalhealth.org](mailto:volunteer@capitalhealth.org)

Best Regards,  
**Volunteer Service Team**