



capitahealth

capital WOMEN

in PHILANTHROPY

CIRCLE BULLETIN | 2022

CAPITAL WOMEN IN PHILANTHROPY CIRCLE OF CARE RECEPTION MAY 17, 2022 AT TRENTON COUNTRY CLUB

After two years of virtual events in 2020 and 2021, attendees were delighted to be in-person at the 2022 Capital Women in Philanthropy Circle of Care Reception on Tuesday, May 17 at Trenton Country Club. This highly regarded celebration welcomed over 100 guests, who had the opportunity to socialize and network, view informative 2021 grantee presentations, as well as hear the formal announcement of the 2022 grant recipients.

Highlights from the 2022 Circle of Care Reception:

"Your generous participation in Capital Women helps to ensure the continued success and growth of Capital Health's valued programs and services, and in so doing, advancing the health and well-being of family, friends and neighbors. This evening, we celebrate the skill, creativity, and dedication of our exceptional physicians, nurses and healthcare personnel."



– **Arlene Walsh, BSN, MSA**
Chief Administrative Officer
Capital Health Medical Group
Capital Women in Philanthropy member

"This annual grant program is made possible through the collective support of members and friends awarding more than \$700,000 since its inception in 2007 and funding 144 worthy, patient-centered grant proposals. This is a truly remarkable milestone!"



– **Suzanne Borgos MBA, MHA**
Chief Strategy Officer
Capital Women in Philanthropy member

"I am personally very committed to this giving circle and the annual grants program, which celebrates innovation and investment. As women united in a worthy purpose, this group continues to make important contributions to the success of Capital Health and the well-being of the community we serve."



– **Randi A. Axelrod, MD, FAAP**
Director, Neonatal Intensive Care Unit
Pediatrics Corporate Medical Director at Capital Health
Capital Women in Philanthropy member

Member's Corner

Thank you to our Active Founding Members:

Carolann Besler	Madelyn S. Lamb
Catherine P. Durkin	Joan A. Panacek
Carolyn J. Gaukler, MD	Virginia Stenhagen
Eileen M. Horton	Margaret Sudhakar
Vera Kunte	

For over fifteen years of continued leadership and commitment to Capital Women in Philanthropy!

In Memoriam

MADELYN S. LAMB
Founding Member



Are you interested in becoming a member?

If so, please contact Executive Director, Office of Development, Jenn Antinoro at 609.303.4345 or jantinoro@capitalhealth.org.

save the dates

2023 Annual Grant Review meeting

Wednesday, January 18, 2023

Circle of Care Reception

Tuesday, May 16, 2023

CAPITAL WOMEN IN PHILANTHROPY

IMPACT – The 2021 GRANTS



The Grant Program, a major initiative of Capital Women in Philanthropy, provides vital funding to enhance Capital Health's existing programs and services and to seed new initiatives.

Impact from Capital Women in Philanthropy 2021 Grants include:

- ... **3 Front South Patient Library**
Purchased English and Spanish books for therapeutic activities in psychiatric unit.
- ... **Breast Pump Acquisition Project**
Purchased double electric breast pumps for uninsured or underinsured new mothers.
- ... **Electronic Fetal Monitoring Training Models**
Purchased an Abdominal Palpation Model set and a Fetal Monitoring and Labor Progress Model set for nurse training.
- ... **EMS Education Free CEU Program**
Offered CEU educational classes for Emergency Medical Technicians and Paramedics.
- ... **Food Access Assistance Program**
Provided qualified cancer patients healthy groceries and/or prepared meals.
- ... **Human Trafficking and the Healthcare Response**
Created a PSA to increase awareness among healthcare professionals to help identify and respond to suspected victims of human trafficking.
- ... **Improving Nutrition Outcomes in the Dialysis Patient**
Purchased nutritional supplements for uninsured or underinsured outpatient dialysis patients.
- ... **Replacement Clothing**
Purchased replacement clothing and footwear for patients in need.
- ... **RISE/Second Victim**
see Grant Highlight below.
- ... **Sepsis Symposium**
Grant monies were used for educational materials, promotional posters and flyers, and speaker fees.
- ... **Stress Management Education**
Offered stress management education (relaxation classes, exercise CDs, and stress balls) for cardiac and pulmonary rehabilitation patients.
- ... **Surgical Care Symposium**
Grant monies were used for a clinical expert speaker and educational material.

2021 Grant Highlight

RISE/Second Victim

Members of the Capital Health family working in the Bristol Myers Squibb Trauma Center at Capital Health Regional Medical Center saw the need for a formal peer support program for healthcare workers involved in unanticipated adverse patient events, medical errors, or patient-related injuries. A Capital Women in Philanthropy (CWP) grant request was submitted and approved at the annual CWP member grant review meeting and the RISE/Second Victim program was born!

This program provides 24/7/365 on-call availability of Capital Health staff peer-responder volunteers who are specially trained to assist employees during a time of need. The Second Victim may feel personally responsible for the outcome and that they "failed" the patient often suffering in silence.

If you are a Capital Health employee in need of support after a stressful, patient-related event, please call our helpline (available 24/7/365) at 609.303.4129.



CAPITAL WOMEN IN PHILANTHROPY proudly announces

The 2022 GRANT RECIPIENTS

Congratulations to this year's recipients!



**Aromatherapy To Reduce
Common Discomforts
Associated With Labor,
Delivery And Recovery**
Maternal Child Health
Capital Health Medical Center – Hopewell

**Capital Health Cancer Center
Food And Supplement
Assistance Program**
Cancer Center
Capital Health Medical Center – Hopewell

**Capital Health EMS Education
Free CEU Program**
Emergency Medical Education
2480 Pennington Road, Trenton

Cardiac Care Symposium
Quality
*Capital Health Regional Medical
Center and Capital Health Medical
Center – Hopewell*

Educational Nutrition Booklet
Internal Medicine
Capital Health Regional Medical Center

Eyebrows For All
Oasis Salon And Wellness Spa
Capital Health Medical Center – Hopewell

**Human Trafficking Symposium
For Healthcare Workers**
Nursing Administration
*Capital Health Regional Medical
Center and Capital Health Medical
Center – Hopewell*

I Will Always Write Back
Department Of Clinical Education
Capital Health Regional Medical Center

**Improving Nutritional Outcomes
In The Dialysis Patient**
Renal Dialysis Services
Capital Health Regional Medical Center

**Increasing Rn Knowledge
Through Certification**
Trauma
Capital Health Regional Medical Center

NG Tube And Trach Care Simulation
Clinical Education
Capital Health Medical Center – Hopewell

**Out-Of-Office Blood Pressure Monitoring
For Improving Hypertension Diagnosis
And Management**
Graduate Medical Education/Family
Medicine Residency and Internal Medicine
*Capital Health Regional Medical Center and
Family Health Center*

**Pediatric Oral Health Promotion
During Well Child Visits**
Graduate Medical Education/Family
Medicine Residency and Internal Medicine
Capital Health Regional Medical Center

Pelvic Floor Biofeedback Training Unit
Rehabilitation Services – Physical Therapy
Capital Health Medical Center – Hopewell

**Point Of Care Ultrasound In
Emergency Medical Services**
Emergency Medical Services
2480 Pennington Road, Trenton

Preemie For A Day
Neonatal Intensive Care Unit
Capital Health Medical Center – Hopewell

Pumps 4 All
Lactation 3M and Prenatal &
Pediatric Clinic
*Capital Health Regional Medical Center and
Capital Health Medical Center – Hopewell*

Reach Out & Read New Jersey
Capital Health Primary Care –
Brunswick Avenue And Graduate Medical
Education – Family Medicine Residency
832 Brunswick Avenue, Trenton

Rise/Second Victim
Trauma
Capital Health Regional Medical Center

Role Of Portion Control
Cardiopulmonary Services
Capital Health Medical Center – Hopewell

**Self-Care In The Ambulatory
Setting Of The Medical Family
Health Center Clinic**
Family Health Center
Capital Health Regional Medical Center

**Sensory-Friendly Space In
The Outpatient Setting**
Capital Health Behavioral
Health Specialists
Bordentown

Under Pressure
Stroke Program
Capital Health Medical Center – Hopewell

**Wellness Center Mirrors And
Ballet Bar**
Capital Health Wellness Center
Capital Health Medical Center – Hopewell





SECOND ANNUAL GALENTINE'S DAY WOMEN'S HEART HEALTH WORKSHOP

led by Dr. Lisa Monahan and hosted by Capital Women in Philanthropy



Capital Women in Philanthropy members were pleased to welcome **DR. LISA MONAHAN** on Friday, February 11, 2022, as the speaker for their second Galentine's Day Celebration. Although the event remained virtual, over 60 guests and CWP members attended this very informative discussion about women and heart disease.

Dr. Lisa Monahan is board certified in cardiology, echocardiography, nuclear cardiology, vascular interpretation, and internal medicine. She received her medical degree from the University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine in Stratford, NJ. After completing her internship and residency in internal medicine at Kennedy University

Hospital/Our Lady of Lourdes Hospital (in Stratford, Cherry Hill, Washington Township, and Camden, NJ), she completed fellowship training in cardiology at Deborah Heart and Lung Center in Browns Mills, NJ.

Thank you Dr. Monahan for taking time and sharing this valuable information with us.

To make an appointment with Dr. Monahan, call Capital Health – Heart Care Specialists at 609.303.4838 or visit capitalheartcare.com for more information.



If you are interested in joining Capital Women in Philanthropy or have any questions about the grant process, please feel free to contact Executive Director of Development, Jenn Antinoro at 609.303.4345 or jantinoro@capitalhealth.org.



capitahealth

Office of Development
Two Capital Way, Suite 361
Pennington, NJ 08534

