



capital WOMEN

in PHILANTHROPY

capitahealth

CIRCLE BULLETIN | 2021



From the desk of
GINA PETRONE MUMOLIE,
DNP, MBA, RN, NEA-BC
Senior Vice President,
Hospital Administration

I am pleased to share with you the 2021 edition of Capital Women in Philanthropy's Circle Bulletin!

Capital Women in Philanthropy (CWP) is a network of dedicated women who share a storied commitment to improving the health and well-being of those we serve in urban and suburban communities. Together, we have had a profound impact on Capital Health's role as a valued health care resource through philanthropic investment.

This has been a productive year for Capital Women in Philanthropy:

- In February, CWP hosted a well-attended virtual Galentine's Day Women's Heart Healthy Workshop (see article on back cover).
- On May 18, the virtual Circle of Care reception was held to celebrate the accomplishments of the 2020 grantees and formally announce the 2021 grantees. Capital Health's dedicated physicians, nurses and allied medical personnel are emboldened through the innovative and compassionate programs and services reflected in the work of each awardee. The 2021 Circle Bulletin highlights both the 2020 and 2021 grantees.
- Applications are now being accepted for the 2022 Annual Grant Program, which extends through September 10, 2021. Each year, an increased number of grant requests are received, all of which are worthy of consideration, making the selection of initiatives that will receive funding more challenging than ever.

I hope you will share this bulletin and encourage your colleagues and friends to become a Capital Women in Philanthropy member. Your continued support plays a valuable role in the continuation of the grant program and reflects on Capital Health's commitment to provide care that is based on its values of **Integrity**, **Compassion**, **Excellence** and **Teamwork**.

SINCE ITS INCEPTION IN 2007, Capital Women in Philanthropy have collectively contributed over \$600,000 advancing patient care, enhancing programs and expanding community outreach efforts. The annual Grant Program, the centerpiece of Capital Women in Philanthropy, provides vital funding to enhance Capital Health's existing programs and services, and to seed new initiatives.

ACTIVE FOUNDING MEMBERS

Carolann Besler
Catherine P. Durkin
Carolyn J. Gaukler, MD
Eileen M. Horton
Vera Kunte
Madelyn S. Lamb
Joan A. Panacek
Virginia Stemhagen
Margaret Sudhakar



When the Founding members created Capital Women in Philanthropy, I never imagined that we could accomplish so much. The funds raised and projects we have been able to support have truly been inspiring to me personally.
– **Eileen M. Horton, MSN, MSM, RN, NEA-BC**

save the date

circle of care
RECEPTION

Tuesday, May 17, 2022

CAPITAL WOMEN IN PHILANTHROPY

IMPACTS OF THE 2020 GRANTS



The Grant Program, a major initiative of Capital Women in Philanthropy, provides vital funding to enhance Capital Health's existing programs and services and to seed new initiatives.

Impact from Capital Women in Philanthropy 2020 Grants include:

- ... Artwork on inpatient floors that fosters an environment of tranquility and hope.
- ... "Don't Text and Drive" bands placed over your cell phone as a reminder not to use your phone while driving.
- ... Temporary eyebrow tattoos for Cancer Center patients who experience hair loss. Provide realistic eyebrows that help clients regain self-esteem and confidence in their appearance.
- ... Enabled Capital Health to improve and preserve the health and well-being of those we serve by helping patients overcome their *Clostridium difficile* infections.
- ... Purchased an *InBody 570 Body Composition Analyzer* enabling a precise body analysis that includes intra- and extra-cellular water, dry lean mass, body fat mass, segmental lean and fat analysis, basal metabolic rate and body composition history.
- ... Diabetes education for those who are addressing financial barriers, including guidance for checking blood glucose at home.
- ... Purchased *Neonatal and Pediatric Airway Pressure Monitor* for Capital Health's Neonatal Intensive Care Unit patients. The use of the monitor promotes better breathing for our youngest patient population and supports positive health outcomes.
- ... Plain language interactive educational sessions were offered to community members including: *Introduction to Diabetes, What's on my Plate, Let's Stay Active, Medications for Diabetes, and Silent Killer.*
- ... Capital Health's Community Health Education offered educational workshops on *Stroke Education, Sun Safety, Handwashing, Babysitting/Infant CPR and First Aid Classes, and COVID-19 Education.*
- ... Personal safety alarms for staff at Capital Health Regional Medical Center.
- ... Resources and knowledge of lifestyle modification for the underserved population to help prevent and treat most common chronic diseases such as obesity, diabetes, and hypertension.
- ... Replacement clothing program in the care and keep of discharged patients.
- ... *Transforming Nursing Education Using Technology* enabled clinical education to purchase iPads used in virtual education programs for nursing residents.
- ... Virtual reality surgical simulation training for Operating Room staff.



CAPITAL WOMEN IN PHILANTHROPY proudly announces The 2021 GRANT RECIPIENTS

Congratulations to this year's recipients!



3 FRONT SOUTH PATIENT LIBRARY

Inpatient Mental Health
Capital Health Regional Medical Center

BREAST PUMP ACQUISITION PROJECT

Lactation 3M and Prenatal and Pediatric Clinic
Capital Health Regional Medical Center and
Capital Health Medical Center – Hopewell

FOOD ACCESS ASSISTANCE PROGRAM

Capital Health Cancer Center
Capital Health Medical Center – Hopewell

EMS EDUCATION FREE CEU PROGRAM

Emergency Medical Services
Bellevue Avenue, Trenton

ELECTRONIC FETAL MONITORING TRAINING MODELS

Maternal Child Health
Capital Health Medical Center – Hopewell

HUMAN TRAFFICKING AND THE HEALTH CARE RESPONSE

Nursing Administration
Capital Health Regional Medical Center and
Capital Health Medical Center – Hopewell

IMPROVING NUTRITION OUTCOMES IN THE DIALYSIS PATIENT

Renal Dialysis Services
Capital Health Regional Medical Center

PREGNANCY, CHILDBIRTH AND PELVIC HEALTH

Capital Health – Urology Specialists
Capital Health Medical Center – Hopewell

PROMOTING HEALTH ACROSS THE LIFESPAN

Community Health Education
Capital Health Regional Medical Center

REPLACEMENT CLOTHING

Patient Experience
Capital Health Regional Medical Center

SEPSIS SYMPOSIUM 2021

Quality and Patient Safety
Capital Health Regional Medical Center and
Capital Health Medical Center – Hopewell

STRESS MANAGEMENT EDUCATION

Cardiac and Pulmonary Rehabilitation
Capital Health Medical Center– Hopewell

SURGICAL CARE SYMPOSIUM

Quality
Capital Health Medical Center – Hopewell



VIRTUAL VALENTINE'S DAY WOMEN'S HEART HEALTH WORKSHOP

led by Dr. Prachi Thanawala and hosted by Capital Women in Philanthropy



On Friday, February 12, 2021 more than fifty women joined members of Capital Women in Philanthropy for an informative virtual heart health workshop lead by **DR. PRACHI THANAWALA** of Capital Health – Heart Care Specialists. The presentation included valuable information about the importance of heart health and healthy eating.

Dr. Thanawala is board certified in echocardiography, cardiology, and internal medicine. She was fellowship trained in cardiology at Robert Wood Johnson University Hospital in New Brunswick, New Jersey and completed her internal medicine residency at Thomas Jefferson University Hospital in Philadelphia, Pennsylvania. Dr. Thanawala received her medical degree from

Drexel University College of Medicine in Philadelphia, Pennsylvania.

To make an appointment with Dr. Thanawala, call Capital Health - Heart Care Specialists at 609.303.4838 or visit capitalheartcare.com for more information.



If you are interested in joining Capital Women in Philanthropy or have any questions about the grant process, please feel free to contact Joanne McGann, Annual and Legacy Giving Manager, 609.303.4347 or jmcgann@capitalhealth.org.



capitahealth

Development Office
Two Capital Way, Suite 361
Pennington, NJ 08534

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US Postage
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Trenton, NJ
Permit No. 530

