



VASCULAR REHABILITATION

Capital Health Medical Center – Hopewell
One Capital Way, Suite 405
Pennington, NJ 08534

WHY VASCULAR REHABILITATION?

Vascular Rehabilitation provides individually prescribed exercise and education for persons with symptomatic lower-extremity peripheral artery disease. Our multidisciplinary team of physicians, nurses, exercise physiologists and registered dietitians assist each person in achieving specific lifestyle behaviors through personalized exercise, nutritional counseling, risk factor management approaches, and psychological support. All program candidates are interviewed prior to entering the program. The individual assessment includes a health history and review of risk factors.

HOW DO I START?

Call 609.537.6420
to schedule an appointment.



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VASCULAR REHABILITATION

WHO CAN TAKE PART?

Participants include:

- Individuals who have lower-extremity peripheral artery disease that causes mild or severe cramping pain in the legs with walking.
- Individuals who had a lower-extremity revascularization procedure but continue to have cramping pain in the legs with walking.

If you have experienced either one of these, please speak to your doctor about participating in our program or call us at **609.537.6420**.

INSURANCE

Most insurance carriers cover the cost of this program. Please check with your insurance carrier regarding coverage for vascular rehabilitation.

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