## EXPERT, COMPREHENSIVE **LUNG CARE**

The Capital Health Lung Center proudly provides a full range of lung disease care including:

- ... Lung Cancer Screening
- · · · Lung Nodule Clinic
- ··· Thoracic Surgery
- ··· Interventional Pulmonology
- · · · Pulmonary Rehabilitation
- ··· Smoking Cessation

Our goal is to identify and treat potentially life-threatening conditions early when they are most treatable. You will find our expert clinicians, advanced diagnostic testing, and leading-edge technology available in our state-of-the-art facility, Capital Health Medical Center - Hopewell.



#### CAPITAL HEALTH LUNG CENTER

To schedule and appointment or for more information on the following,

Lung CT Screening • Lung Nodule Clinic • Pulmonary Rehabilitation • Smoking Cessation

call 1.844.303.LUNG (5864)

To schedule a thoracic surgical consultation:



AFRICA F. WALLACE, MD **Director of Thoracic Surgery** Capital Health Surgical Group 609.537.6000

To schedule a pulmonary consultation:



DIANA KOLMAN, MD Director of Interventional Pulmonology

Capital Health -Pulmonology Specialists 609.815.7390



One Capital Way, Pennington, NJ 08534

capitalhealth.org











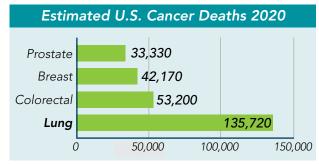
### **CAPITAL HEALTH LUNG CENTER**



# LUNG CANCER SCREENING PROGRAM

#### **WHY SCREEN**

Lung cancer is the number one cause of cancer deaths in the world. Each year, more people in the U.S. will die of lung cancer than colon, breast, and prostate cancers combined. The chance that a man will develop lung cancer in his lifetime is about 1 in 15, for women 1 in 17.



Source: American Cancer Society, Surveillance Research, 2020

#### WHO SHOULD BE SCREENED



Adults ages 55 – 77 years old



**Current smokers** or those who have quit within the last 15 years



**History of smoking 30 "pack years"** (Example: 2 packs/day for 15 years or 1 pack/day for 30 years)

#### **CT SCANS**

Lung CT screening uses low-dose computed tomography (LDCT) to detect lung cancer often before symptoms appear. It is a specialized form of X-ray providing cross-sectional images and greater detail.

#### TO SCHEDULE AN APPOINTMENT

Our navigator will help you determine your eligibility and schedule your lung cancer screening. Most insurance providers, including Medicare, cover lung CT screenings. Capital Health also offers low cost self-pay screenings.

To schedule a lung screening or for additional information, call 1.844.303.LUNG (5864).

### **LUNG NODULE CLINIC**

Lung nodules are abnormal spots commonly discovered incidentally on imaging studies. While most nodules are benign, some may be cancerous. If a nodule is found, our collaborative team of expert specialists will evaluate and provide treatment for you:

- ··· Interventional Pulmonology
- PathologyThoracic Surgery
- ··· Interventional Radiology
- ··· Medical Oncology
- ··· Radiation Oncology

### **CANCER CENTER**

Our Cancer Center meets the highest standards in advanced, comprehensive cancer care. It is comprised of an extraordinary team of physicians and medical specialists trained in the most complex cancer treatments. Accredited by the American College of Surgeons' Commission on Cancer, we offer:

- ··· A team of experts to evaluate imaging screenings and their patients weekly
- ··· Individualized patient treatment plans
- ··· Surgical, medical, and radiation therapy
- ··· Cutting edge imaging and radiation technology
- ··· Clinical trials and research

#### **PULMONARY REHABILITATION**

For patients with chronic diseases like COPD, emphysema, interstitial lung disease, or pulmonary hypertension, our goal is to improve quality of life by decreasing respiratory symptoms and complications. We assist in developing self-management and control over daily functioning, improving physical conditioning and exercise performance, promoting emotional well-being, and reducing hospitalizations.

# SMOKING CESSATION PROGRAM

Experts help you to address the physical and psychological dependence on nicotine and tobacco products. Our approach is personalized to each person's unique needs and includes nicotine replacement therapy, individual/group counseling, and alternative treatment options.

