Our Center for Comprehensive Breast Care offers a complete range of personalized, breast care programs and services under one roof – from advanced diagnostics and genetic testing to leading-edge cancer care.

We are uniquely equipped to meet your diagnosis and treatment needs and are accredited by the National Accreditation Program for Breast Centers for achieving excellence in providing the highest quality cancer care.

We provide tumor marker testing, and the latest radiology technology for digital mammography, molecular breast imaging, PET/CT, and 3T MRI in addition to radiation oncology, surgical and chemotherapy options.

We extend you a welcoming environment that promotes healing and comfort — including our Oasis Salon & Wellness Spa where you'll be surrounded with care that embraces you at every turn.

## CENTER FOR COMPREHENSIVE BREAST CARE **Steering Committee**

Lisa R. Allen, MD, FACS Tina Bergner, BSN, OCN Kim Budrewicz, MA, MSW, LCSW Boris J. Fedorciw, MD, MS Brad Hoppenfeld, MD Erica A. Linden, MD Kelly Stewart Maer Rose E. Mustafa, MD Kira Przybylko, MD Maryann Raiola, BS, RT(R) Rona H. Remstein, RN, MSN Deborah Siegel-Robles, MD Trish Tatrai, RN, MS, OCN, CBCN Gary A. Tuma, MD, FACS Shirnett K. Williamson, MD













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**CENTER FOR** COMPREHENSIVE BREAST CARE











capitalbreast.org Capital Health Medical Center – Hopewell One Capital Way, Pennington, NJ 08534



# **CENTER FOR COMPREHENSIVE BREAST CARE**



capitalbreast.org

### Meet our Director, Dr. Lisa Allen.

Dr. Lisa Allen, a fellowship trained breast surgeon, is guided by the philosophy that no two



patients are alike. In keeping with that philosophy, the Center for Comprehensive Breast Care offers you a personalized approach and a team of clinicians to focus on your needs.

# The most advanced diagnostic technology in the region.

As one of the first facilities in the U.S. to offer breakthrough technology such as molecular breast imaging (MBI), certain types of breast cancer can be detected much sooner, making all the difference, particularly in women with dense breast tissue or high risk factors. Our other advanced mammogram technology includes 3D mammograms (tomosynthesis), whole breast ultrasound, and breast MRI.



# A team of specialists intensely focused on your care.

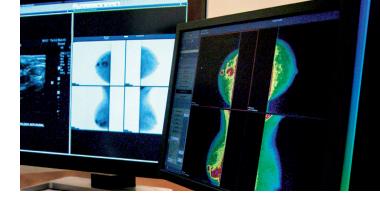
The Center offers a full range of breast care, from cancer to cysts, abscesses, lesions, breast pain and other breast-related disorders. You'll be cared for by a multidisciplinary team that collaborates closely to develop your plan of care. Depending on the nature of your problem, your team could include a breast surgeon, radiologist, medical oncologist, radiation oncologist, plastic surgeon, financial navigator, nutritionist, rehabilitation services, and more.

#### Conditions we treat

- Breast cancer including pre-malignant and malignant tumors, inflammatory breast cancer, and phyllodes tumors
- ··· Breast cancer diagnosed in pregnancy and men
- · · · High risk breast lesions
- ··· Genetic predisposition to breast cancer / High risk due to family history
- · · · Nipple discharge
- · · · Mastitis and breast abscesses
- · · · Breast cysts
- ··· Breast pain and gynecomastia (male breast tissue)

#### **Procedures**

- ··· Oncoplastic and hidden scar procedures
- ··· Lumpectomies / partial mastectomy
- Mastectomy including nipple-sparing / skin-sparing mastectomies
- · · · Prophylactic mastectomy
- ··· Surgical and image-guided biopsies / aspiration
- ··· Sentinel lymph node biopsies and axillary lymph node dissection
- · · · Duct excisions / explorations
- ··· Catheter placement for chemotherapy (Port-A-Cath)



With the region's only molecular breast imaging (MBI) system, we can detect certain types of breast cancer much sooner in women with high risk factors.

### **Genetic and High Risk Assessments**

Our Cancer Genetics Program can empower you when making breast health decisions by providing personalized information about your cancer risk, cancer screening, and genetic testing if you have a family history of breast cancer. We help you to understand what "high risk" means and how to manage your risk factors. If identified as high risk for developing breast cancer, a nurse navigator will work with you to identify a specialist who can determine the best way to manage your risk.

### A personal nurse navigator to guide you.

We are proud to provide a personal breast health nurse navigator who will be by your side from an initial diagnosis through every phase of treatment, at no additional cost. Your navigator, a specially trained oncology nurse, will be your central point of contact to guide you, answer questions, help you better understand your diagnosis and treatment options, coordinate with your physicians, set up your health care services, and provide ongoing support through our Survivors Program and support groups.