



Breast Cancer Support Groups at Capital Health

Support groups can be an important part of survivorship. If you have been diagnosed with breast cancer, we invite you to participate regardless of where you may be receiving your cancer treatments.

You will benefit from educational and emotional support by expert facilitators to assist you wherever you are in your breast cancer journey. Discussions include strategies on how to manage your diagnosis,

treatments, treatment side-effects, survivorship in addition to dealing with anxiety and fear, adjusting to lifestyle and relationship changes, and day-to-day challenges you may be facing.

Survivor support groups are led by **TRISH TATRAI, RN, MS, OCN, CBCN**. The Metastatic Breast Cancer Support Group is led by **ELSJE REISS**, a licensed clinical social worker.

SURVIVORS SUPPORT GROUPS

Second Tuesday of Every Month

(starting October 1, 2019)

6 – 7:30 p.m.

Capital Health Medical Center – Hopewell
Radiation Oncology Conference Room (1st Level)
One Capital Way, Pennington, NJ 08534

Third Tuesday of Every Month

6 – 7:30 p.m.

Capital Health – Hamilton, Meeting Room 3
1445 Whitehorse-Mercerville Road
Hamilton, NJ 08619

FOR MORE INFORMATION:

Trish Tatrai RN, MS, OCN, CBCN
at 609.537.7485

METASTATIC (STAGE IV) SUPPORT GROUP

Second Tuesday of Every Month

11:15 a.m. – 12:45 p.m.

Capital Health Medical Center – Hopewell
Radiation Oncology Conference Room (1st Level)
One Capital Way, Pennington, NJ 08534

FOR MORE INFORMATION:

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CANCER CENTER

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