



capitahealth

**SURGICAL GROUP
BREAST SURGERY**

**LISA R. ALLEN, MD, FACS
ROSE E. MUSTAFA, MD**







MEET DR. ALLEN

A fellowship trained breast surgeon, Dr. Allen is director of the Capital Health Center for Comprehensive Breast Care. She provides surgical care for patients with both benign and malignant breast disease, and other breast conditions.

A board certified surgeon, Dr. Allen is fellowship trained in breast surgical oncology. This specialized training was completed at MD Anderson Cancer Center in Texas.

Dr. Allen received her medical degree from the State University of New York, Upstate Medical University in Syracuse, NY and completed her internship and residency in general surgery at Drexel University College of Medicine in Philadelphia, PA. She also served as Chief Resident during her training. During her residency, Dr. Allen spent a year doing clinical research in the area of breast cancer.

Dr. Allen remains involved in clinical research and has presented her findings at national oncology meetings and has been published in oncology journals.



MEET DR. MUSTAFA

Dr. Mustafa is a fellowship trained breast surgeon who specializes in surgical care for breast disease, both benign and malignant, as well as other breast conditions.

Certified in hidden scar breast cancer surgery, Dr. Mustafa completed her fellowship training in breast surgical oncology at the Hospital of the University of Pennsylvania in Philadelphia, PA.

Dr. Mustafa completed her surgical internship at Mount Sinai Hospital, Icahn School of Medicine, New York NY, and her general surgery residency at Montefiore Medical Center- Albert Einstein College of Medicine, Bronx, NY.

Dr. Mustafa is active in research and has publications in multiple national peer reviewed journals including *Annals of Surgical Oncology*, *Advances in Breast Cancer and Therapy* and the *Journal of Surgical Oncology*. She is fluent in Spanish.

ONE PLACE. ALL YOUR BREAST CARE NEEDS.

Our office is conveniently located in the Medical Office Building at Capital Health Medical Center – Hopewell. Located immediately off of Interstate 95, the medical center combines sophisticated medical services and highly specialized physicians, in a warm and comfortable environment.

All of your breast care needs can be met in this one beautiful facility, from annual mammography screenings to diagnostic services including biopsies, oncologic surgical services, radiation and chemotherapy, reconstructive surgery, breast navigation services, and more.

The medical center also offers a spa which, in addition to providing traditional services, features a special suite for oncology patients that provides wigs and accessories as well as wig cutting and styling.



KNOWLEDGE AND EXPERTISE MEET UNDERSTANDING.

When treating breast disease, such as breast cancer, the first step is finding a surgeon you can be confident in, and feel at ease with. Our surgeons will work closely with you to identify the most advanced, least invasive option for your surgical plan. Our practice provides the full range of breast services, while at the same time ensuring that your experience includes the education, support, and guidance you need to develop a treatment plan based on the latest science and one with which you are comfortable as you move forward. Your surgical care is in highly specialized hands. Our surgeons' fellowship training was dedicated solely to breast surgery at some of the busiest breast programs in the country. Our practice is dedicated to breast health issues, so our focus is on breast care and breast care only.

BREAST CARE, AND ONLY BREAST CARE

Our surgeons and our team treat women with a variety of breast related conditions, both malignant in nature (cancerous) and benign, which can range from masses that are non-cancerous to other conditions.

If you are dealing with breast cancer we work in close coordination with the team of specialists dedicated to your care. In addition to our breast surgeons, who will serve as your surgical oncology professional, your team will likely include a radiologist, medical oncologist, radiation oncologist, plastic surgeon, breast navigator, rehabilitation services, and more. We also work with you to coordinate any emotional support services you need as you navigate your diagnosis, treatment and recovery.

YOUR RELATIONSHIP WITH US

When it comes to treating women with breast disease, specifically women diagnosed with breast cancer, our surgeons believe that providing outstanding care is just one part of their job. From the time you walk through the door, you are part of a program dedicated to your physical and emotional wellbeing.

Our surgeons maintain their schedules in a way that allows them to spend the time necessary with their patients to thoroughly explain the options, their recommendations, the components of the treatment plan, and most importantly, answer all of your questions.



AMONG THE CONDITIONS WE TREAT

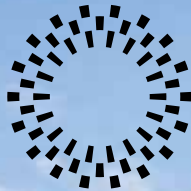
- Breast cancer including pre-malignant and malignant tumors, inflammatory breast cancer, and phyllodes tumors
- Breast cancer diagnosed in pregnancy and men
- High risk breast lesions
- Genetic pre-disposition to breast cancer / High risk due to family history
- Nipple discharge
- Mastitis and breast abscesses
- Breast cysts
- Breast pain and gynecomastia (male breast tissue)

PROCEDURES

- Oncoplastic and hidden scar procedures
- Lumpectomies / partial mastectomy
- Mastectomy including nipple- / skin-sparing mastectomies
- Prophylactic mastectomy
- Surgical and image-guided biopsies / aspiration
- Sentinel lymph node biopsies and axillary lymph node dissection
- Duct excisions / explorations
- Catheter placement for chemotherapy (Port-A-Cath)

BEYOND SURGERY

- Multi-disciplinary review of all breast cancer cases
- Review of films (mammogram, ultrasound, and MRI) in conjunction with a radiologist
- Genetic testing and counseling
- Rehabilitation services including lymphedema, occupational therapy, and physical therapy
- Nutritional counseling
- Wigs and organic spa services
- Survivorship programs, local resources, library services, and support groups



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