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Capital Health is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians. Capital Health designates this live activity for a maximum of 5.1 AMA PRA Category I Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Capital Health is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation. Provider Number P122-7/17-20.

This program is approved for 5.1 nursing contact hours. Successful completion of contact hours requires participants to sign-in, complete an evaluation form and attend the entire program.

Approval status does not imply endorsement by Capital Health, the NJSNA or ANCC of any commercial products discussed and/or displayed in conjunction with the educational activity.

## HISTORY

Dr. Joseph Kline practiced pediatric medicine for 37 years at his hospital "home," Mercer Medical Center. He cared for children, as an intern, active physician, chair of the pediatric department, and friend. In 1992, for his 80<sup>th</sup> birthday, his family and friends established the Dr. Joseph Kline Pediatric Lecture Fund. Since 2001, the Fund, along with Capital Health, has been providing an annual symposium to further the education of professionals caring for children in the region.

## PURPOSE

This program is designed to enhance the participants' knowledge regarding supportive and palliative care for children with a life-altering or life-limiting illness. The Kline Symposium provides information that supports a greater understanding of families dealing with the impact of being given a diagnosis of a life-altering or life-limiting illness in their unborn, newborn, or older child.

## TARGET AUDIENCE

Obstetricians, Neonatologists, Pediatricians, Family Practice, Internal Medicine, Advanced Practice Nurses, Registered Nurses (Perinatal, Neonatal, Pediatric, Home Care, Social Work/Case Management), Residents and Students (Medical School, PAs, APNs, Nursing).

## FEATURED SPEAKERS

### Randi Axelrod, MD, FAAP

Capital Health Corporate Director – Mednax  
Capital Health Medical Director – Neonatology

### Xenia T. Bateman, RN, MSN, CRNP

Pediatric Nurse Practitioner  
Pediatric Advanced Care Team (PACT)  
The Children's Hospital of Philadelphia

### Maria Class, RN, BSN

Bayada Home Health Care  
Clinical Educator/Clinical Manager

### Dana M. Dombrowski, MSW, LSW

Social Worker and Psychosocial Program Coordinator  
Palliative Care (PACT)  
The Children's Hospital of Philadelphia

### Iraj Forouzan, MD

Capital Health Maternal Child Health  
Perinatology/Maternal Fetal Medicine

### Joyce Merrigan, DNP, CPLC, CBC, CBCC, C-EFM, RNC-OB

Capital Health Clinical Nurse Educator, Maternity Services  
President/Owner-Joyce L. Merrigan, LLC, Traumatic  
Grief Counseling Services

### Dyana Thompson, MSN, RN, CPN

Valley Home Care and Hospice Clinical Manager  
Maternal Child Health  
The Butterflies Program

### Elizabeth Wise, RN

Bayada Home Health Care  
Transitional Care Manager

### The Anderson/Dunham Family-Guest Panelist

Experience with a life-limiting diagnosis

### The Brokaw Family-Guest Panelist

Experience with a life altering diagnosis

## DISCLOSURE

Planners, content experts and speakers have declared no conflict of interest. There is no commercial support for this activity.

## PLANNING COMMITTEE

Karen Adamczyk, BSN, RN

Margaret Estlow, MSN, RN, CPEN, PPCNP-BC

Anjali Sharma-Moghe, DO

Katharine Donaldson, MSN, APN, C, WHNP-BC,  
RNC-OB, CPLC, C-EFM

Joyce Merrigan, DNP, CPLC, CBC, CBCC,  
C-EFM, RNC-OB



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One Capital Way  
Pennington, NJ 08534

THE 15<sup>TH</sup> ANNUAL DR. JOSEPH KLINE  
PEDIATRIC SYMPOSIUM

SUPPORTIVE & PALLIATIVE CARE  
FOR CHILDREN:

THE IMPACT OF A LIFE-ALTERING  
OR LIFE-LIMITING ILLNESS

Friday, October 26, 2018  
8 a.m. – 3 p.m.

Capital Health Medical Center – Hopewell  
NJ Pure Conference Center  
One Capital Way | Pennington, NJ



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## LEARNING OBJECTIVES

Upon completion of the program, participants will be able to:

- Identify families who would benefit from a supportive or palliative care program.
- Describe educational barriers and the skills needed to provide care for families delivering an infant with a life altering or life-limiting illness.
- Identify key elements of effective communication surrounding pediatric palliative care.
- Recognize that collaborative communication in pediatric palliative care is essential to aid families with the decision-making process when given a life-altering or life-limiting diagnosis.
- Describe a comprehensive pediatric palliative care program —Butterflies program.
- Identify best practices in caring for families whose child has a life-altering or life-limiting illness.
- Recognize some common fetal anomalies that may potentially cause a life-altering or life-limiting pregnancy event.
- Identify the multidisciplinary approach that is necessary to transition these medically fragile infant's or children to home care.
- Discuss the impact on a family that is receiving an unexpected and emotionally devastating diagnosis about their unborn child.
- Describe how palliative care is a multidisciplinary approach to relieve the physical, psychosocial, and spiritual suffering of patients and their families.
- Discuss developing an individual plan of care based on the decision-making request by the families.
- Discuss the experience of receiving a life-altering or a life-limiting diagnosis about a child and the options and resources necessary to support the family and the child.

THE 15<sup>TH</sup> ANNUAL  
DR. JOSEPH  
KLINE PEDIATRIC  
SYMPOSIUM

# SUPPORTIVE & PALLIATIVE CARE FOR CHILDREN: THE IMPACT OF A LIFE-ALTERING OR LIFE-LIMITING ILLNESS

## SCHEDULE

### MORNING SESSION | 7:45 A.M. – 1:15 P.M.

7:45 – 8:15 a.m.

Registration &  
Continental Breakfast

8:10 a.m.

Welcome

8:15 – 9:15 a.m.

The Who, What, When,  
Where, Why and How of  
Pediatric Supportive and  
Palliative Care

Joyce Merrigan,  
DNP, CPLC, CBC, CBCC,  
C-EFM, RNC-OB

9:15 – 9:20 a.m.

Video

9:20 – 10:20 a.m.

Effective Communication:  
The Most Difficult  
of Conversations  
Xenia T. Bateman,  
RN, MSN, CRNP  
Dana M. Dombrowski,  
MSW, LSW

10:20 – 10:25 a.m.

Video

10:25 – 10:40 a.m.

Break

10:40 – 11:25 a.m.

Pediatric Palliative Care for  
the Child with a Life-Altering  
or Life-Limiting Illness

Dyana Thompson,  
MSN, RN, CPN

11:25 – 11:30 a.m.

Break

11:30 a.m. – 12:15 p.m.

Transitioning the Complex,  
Technology Dependent Child  
from Hospital to Home

Elizabeth Wise, RN  
Maria Class, BSN, RN

12:15 – 12:30 p.m.

Q&A/Evaluations

12:30 – 1:15 p.m.

Lunch

### AFTERNOON SESSION | 1:45 – 3 P.M.

1:45 – 2:45 p.m.

Panel Discussion  
Integrating Supportive  
and Palliative Care  
Services to Families  
presented with a  
Life-Altering or  
Life-Limiting Illness

#### Panelists:

Iraj Forouzan, MD  
Randi Axelrod, MD  
The Anderson Family  
The Brokaw Family

2:45 – 3 p.m.

Q&A/Evaluations



## REGISTRATION FORM

REGISTRATION FEE: NONE\*

\*Registration is required. [Seating is limited]

Registration deadline: October 24, 2018

Name \_\_\_\_\_  
(PLEASE PRINT)

Profession \_\_\_\_\_

Organization \_\_\_\_\_

Home Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_

Cell \_\_\_\_\_

E-mail \_\_\_\_\_

(Please copy this registration form as needed.)

Register online at [capitalhealth.org/events](http://capitalhealth.org/events)  
to reserve your space.

Forward registration to:  
**Capital Health Department  
of Clinical Education  
750 Brunswick Ave.  
Trenton, NJ 08638**

For more information, please contact:  
**Margaret Estlow 609.303.4373  
or Kathy Bayrasli 609.303.4513.**

If minimum registration numbers are not achieved,  
Capital Health reserves the right to cancel program.