

CAPITAL HEALTH'S 3rd Annual PRIMARY CARE CONFERENCE GATEWAY TO WELLNESS

NOVEMBER 1+2, 2018 THE WESTIN PRINCETON at Forrestal Village

PRELIMINARY AGENDA (updated as of 9/13/18)

THURSDAY, NOVEMBER 1, 2018

6:30 – 9 p.m. | **Welcome Reception & Dinner**
Entertainment: JOEY NOVICK, ESQ.

FRIDAY, NOVEMBER 2, 2018

7 – 7:30 a.m. | **Registration, Breakfast & Exhibits**

7:30 – 7:45 a.m. | **Introduction and Conference Overview**
JERROLD S. GERTZMAN, MD
Divisional Director
Capital Health Medical Group – Primary Care

7:45 – 8:15 a.m. | **Diagnosis and Treatment of Common Orthopaedic Injuries**
ANDRE J. PAGLIARO, MD
Orthopaedic Surgeon
Rothman Orthopaedic Institute

8:15 – 8:45 a.m. | **Do's & Don'ts of Documentation**
SANDRA J. SUTTON, ESQ.
Director of Risk Management & Insurance
Capital Health

8:45 – 9:15 a.m. | **Aesthetic Treatments – Mythbusters; What is Reality?**
GARY A. TUMA, MD, FACS
Plastic Surgeon
Plastic Surgery Associates of New Jersey
Director, Specialty Care Division
Capital Health Medical Group
Director, Plastic Surgery
Capital Health

9:15 – 9:45 a.m. | **Coffee Break & Exhibits**

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9:45 – 10:15 a.m.	Physician Well Being TARA H. VANHISE, DO Attending Physician, Family Practice Capital Health
10:15 – 11:15 a.m.	State of the Union — The Next Wave of Health Care Reform STUART CLARK Managing Director The Advisory Board Washington, DC
11:15 – 11:45 a.m.	Question & Answer Panel <i>Moderator:</i> JERROLD S. GERTZMAN, MD <i>Panelists:</i> STUART CLARK ANDRE J. PAGLIARO, MD SANDRA J. SUTTON, ESQ. GARY A. TUMA, MD, FACS TARA H. VANHISE, DO
11:45 a.m. – 12:45 p.m.	Lunch
12:45 – 1:15 p.m.	Benzo's and Sleep Aids and Stimulants, Oh My! CHRISTI A. WESTON, MD, PhD Director, Outpatient Psychiatry Capital Health
1:15 – 1:45 p.m.	Cancer Genetic Testing in 2018 RONA H. REMSTEIN, RN, MSN Director, Oncology Services Capital Health

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| 1:45 – 2:15 p.m. | Menopause in Primary Care
KATHLEEN BORNHOEFT, DNP, APN-C
Adjunct Faculty
The College of New Jersey
Family Nurse Practitioner
Capital Health |
| 2:15 – 2:45 p.m. | Coffee Break & Exhibits |
| 2:45 – 3:15 p.m. | Obesity for Primary Care:
Understanding Appetite Regulation and Treatment Guidelines
B. GABRIEL SMOLARZ, MD, MS, FACE, DIPL. ABOM
Clinical Assistant Professor of Medicine
Rutgers Robert Wood Johnson Medical School
Medical Director, Obesity
Novo Nordisk, Inc.
Sole Proprietor
Concierge Endocrinology LLC
Robbinsville, NJ |
| 3:15 – 3:45 p.m. | Question & Answer Panel
<i>Moderator:</i>
JERROLD S. GERTZMAN, MD
<i>Panelists:</i>
KATHLEEN BORNHOEFT, DNP, APN-C
RONA H. REMSTEIN, RN, MSN
B. GABRIEL SMOLARZ, MD, MS, FACE, DIPL. ABOM
CHRISTI A. WESTON, MD, PhD |
| 3:45 – 4:45 p.m. | Global Health and Wellness Lessons from a Traveling Chef
CHEF STEVEN A. PETUSEVSKY
Director of Culinary Innovation
Culinary Innovation for the Food Service Industry
Plantation, FL |
| 4:45 – 5 p.m. | Closing Remarks & Evaluations |