

Rehabilitation Services Department Speech-Language Therapy

Videofluoroscopic and Clinical Swallowing Evaluation

Video fluoroscopy is a diagnostic technique that tests your swallowing function. The test assists in determining a safe diet and identifying the need for therapy. It is performed in conjunction with a moving x-ray and generally takes less than 10 minutes to perform. Our specially trained speech-language pathologists (SLPs) collaborate with radiologists to perform the videofluoroscopic evaluation. You will eat and drink a variety of food and liquid textures that are mixed with tasteless barium contrast. The barium allows the food and drink to be visualized during the test. The SLP observes and assesses your swallowing function, and then reviews the results with you and/or your loved one immediately following the test.

DO YOU HAVE ANY OF THE FOLLOWING SYMPTOMS?

- ... Coughing and/or choking when eating and/or drinking
- ... Sensation of food stuck in the throat
- ... Sensation of things going down the wrong way when swallowing
- ... Difficulty managing saliva
- ... Recurrent pneumonia

OUR SLP WILL EVALUATE YOUR SWALLOWING AND DESIGN A PROGRAM ESPECIALLY FOR YOU. THERAPY MAY INCLUDE:

- ... Swallow strengthening and awareness exercises
- ... Education including special swallow techniques
- ... Recommendations for the safest foods/food consistencies for you

LOCATIONS:

Center for Outpatient Rehabilitation – Hopewell
Two Capital Way, Suite 418
Pennington, NJ 08534

To make an appointment, call: 609.303.4700

Center for Outpatient Rehabilitation – Trenton
832 Brunswick Ave., Trenton, NJ 08638

To make an appointment, call: 609.278.5482

Obtain a prescription for therapy from your physician, and schedule time for an evaluation so your therapist can listen to your concerns and evaluate your performance.

References: American Speech-Language-Hearing Association www.asha.org



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