

Below are instructions to follow before your first appointment.

**INSURANCE:** We participate with most health insurance plans. If you require a referral, it must be obtained from your primary care provider before your visit.

**APPOINTMENT:** We have two convenient locations and offer prompt appointments. Same-day emergency appointments are available. We ask you to arrive 15 minutes before your first visit and bring:

- ... Your primary care provider prescription
- ... Insurance referral, if needed
- ... Insurance and photo ID cards
- ... A medication list or the bottles of the medicines you are taking
- ... Any medical history or lab results

**FIRST-TIME VISIT FORMS:** You can find these on our website: [capitalheartcare.com](http://capitalheartcare.com)

**APPOINTMENT CANCELLATION:**  
A 24-hour advance notice is required.

**DIRECTIONS:** Call our office at 609.303.4838 or visit [capitalheartcare.com](http://capitalheartcare.com).

**MEDICATIONS REFILLS:** Chronic medications will be called in to your pharmacy of choice within three business days of receipt. Please call at least seven days prior to your last dose.

**TESTS PROVIDED:** We offer a roster of advanced testing to assess and properly diagnose your condition. These tests include:

- ... Electrocardiogram (EKG or ECG)
- ... Echocardiogram (Transthoracic, 3D, and Contrast Enhanced)
- ... Cardiac Stress Test (Treadmill, Pharmacological, Nuclear, and Stress Echo)
- ... Holter Monitor
- ... Cardiac CT Angiography
- ... Transesophageal Echocardiogram
- ... Blood Pressure Monitor
- ... Wrist Catheterization

## CONTACT US

### MAIN OFFICE

Capital Health Medical Center – Hopewell  
Medical Office Building  
Two Capital Way, Suite 357  
Pennington, NJ 08534

Capital Health – Hamilton  
1445 Whitehorse-Mercerville Road, Suite 104  
Hamilton, NJ 08619

Tel: 609.303.4838  
Fax: 609.303.4835

### OFFICE HOURS

Monday through Friday:  
9 a.m. to 5 p.m.

### TESTING CENTERS

Capital Health – Hamilton  
1445 Whitehorse-Mercerville Road, Suite 102  
Hamilton, NJ 08619

Capital Health Medical Center – Hopewell  
One Capital Way  
Pennington, NJ 08534

Capital Health Regional Medical Center  
750 Brunswick Avenue  
Trenton, NJ 08638



capitalhealth

[capitalhealth.org](http://capitalhealth.org)     



## HEART CARE SPECIALISTS



capitalhealth

Minds Advancing Medicine

## Thank you for choosing **Capital Health** – **Heart Care Specialists** for all your cardiac care needs.

Our practice is led by Dr. Harit Desai, Dr. Lee Glickman, Dr. Pirouz Parang, Dr. Neil Saxena, Dr. Kristopher Young and Nurse Practitioners Lisa Kass and Carolyn Mylowe. Our team has a history of successful outcomes in cardiac imaging as well as preventive and interventional cardiology.

Patients come to us for some of the following conditions:

- ... Chest Pain
- ... Angina
- ... Arrhythmia
- ... Artherosclerosis
- ... Athlete's Heart
- ... Palpitations
- ... Bacterial Endocarditis
- ... High Cholesterol
- ... Congestive Heart Failure
- ... High Blood Pressure
- ... Pregnancy-Related (Gestational) Hypertension
- ... Residual Effects of Heart Attack, Stroke and Sleep Apnea
- ... Shortness of Breath of Unknown Causes
- ... Cardiac Risk Assessment
- ... Peripheral Artery Disease
- ... Varicose/Spider Veins
- ... Leg Pain/Swelling

## OUR TEAM



**HARIT DESAI, DO**

Dr. Harit Desai is medical director at the Cardiac Catheterization Laboratory at Capital Health. He completed his fellowship training in cardiovascular diseases as well as interventional cardiology and endovascular medicine at Deborah Heart and Lung Center in Browns Mills, NJ. He is board certified in internal medicine, general cardiology, nuclear cardiology, and interventional cardiology.

**LEE M. GLICKMAN, MD, FACC**



Dr. Lee Glickman is chief of the Section of Cardiology and director of the Cardiac Resuscitation Outcomes Program at Capital Health. He completed his fellowship training in cardiology at Medical College of Pennsylvania in Philadelphia, PA and his cardiac imaging fellowship in transesophageal echocardiography, stress echocardiography and nuclear cardiology at Medical College of Pennsylvania and Temple University Hospital in Philadelphia, PA. He is board certified in internal medicine and cardiovascular disease.



**LISA M. KASS, MSN, APN, FNP-C, FNP-BC, RN-BC**

Lisa is a board certified family nurse practitioner with more than 20 years of clinical experience in cardiac care, including cardiac stepdown/telemetry, invasive and interventional cardiology, and cardiac critical care. She earned her Bachelor of Science in Nursing degree cum laude from Ohio University and her Master of Science in Nursing degree (Family Nurse Practitioner Program) through Walden University.



**CAROLYN MYLOWE, MSN, APN**

Carolyn earned her Bachelor of Science in Nursing (BSN) and Master of Science in Nursing (MSN) degrees from The College of New Jersey in Ewing, NJ. Prior to joining Capital Health, she was on staff as a nurse and then as a nurse practitioner at the Hospital of the University of Pennsylvania in Philadelphia for more than 12 years, specializing in transplants.

**PIROUZ PARANG, MD, FACC**



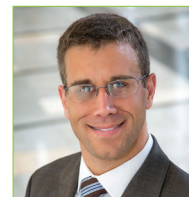
Dr. Pirouz Parang completed his fellowship in cardiology at UMDNJ/Robert Wood Johnson Medical School in New Brunswick, NJ. He is board certified in internal medicine, cardiology, cardiac CT, echocardiography and nuclear cardiology.

**NEIL SAXENA, MD, RPVI, FACC**



Dr. Neil Saxena completed his fellowship in cardiovascular disease at Cleveland Clinic Florida in Weston, FL. He is board certified in cardiology, nuclear cardiology, vascular interpretation, and cardiovascular CT.

**KRISTOPHER YOUNG, DO, FACOI, FACC**



Dr. Kristopher Young is medical director of the Capital Health Cardiac Rehabilitation Center located at Capital Health Medical Center– Hopewell. He completed his fellowship training in cardiovascular disease and level III echocardiography at Deborah Heart and Lung Center in Browns Mills, NJ. He is board certified in cardiology, echocardiography, and nuclear cardiology.