



capitahealth

**SURGICAL GROUP
BREAST SURGERY**

LISA R. ALLEN, MD





MEET DR. ALLEN



A fellowship trained breast surgeon, Dr. Allen is director of the Capital Health Center for Comprehensive Breast Care. She provides surgical care for patients with both benign and malignant breast disease, and other breast conditions.

A board certified surgeon, Dr. Allen is fellowship trained in breast surgical oncology. This specialized training was completed at MD Anderson Cancer Center in Texas.

Dr. Allen received her medical degree from the State University of New York, Upstate Medical University in Syracuse, New York and completed her internship and residency in general surgery at Drexel University College of Medicine in Philadelphia, PA. She also served as Chief Resident during her training. During her residency, Dr. Allen spent a year doing clinical research in the area of breast cancer.

Dr. Allen remains involved in clinical research and has presented her findings at national oncology meetings and has been published in oncology journals.

Dr. Allen is also part of Capital Health Surgical Group, a multi-specialty surgical practice at Capital Health dedicated to providing a wide range of advanced surgical options for a broad spectrum of conditions including breast cancer.

ONE PLACE. ALL YOUR BREAST CARE NEEDS.

Dr. Allen's office is conveniently located in the Medical Office Building at Capital Health Medical Center – Hopewell. Located immediately off of Interstate 95, the medical center combines sophisticated medical services and highly specialized physicians, in a warm and comfortable environment.

All of your breast care needs can be met in this one beautiful facility, from annual mammography screenings to diagnostic services including biopsies, oncologic surgical services, radiation and chemotherapy, reconstructive surgery, breast navigation services, and more.

The medical center also offers a spa which in addition to providing traditional services features a special suite for oncology patients that provides wigs and accessories as well as wig cutting and styling.



KNOWLEDGE AND EXPERTISE MEET UNDERSTANDING.

When treating breast disease, such as breast cancer, the first step is finding a surgeon you can be confident in, and feel at ease with. Dr. Allen will work closely with you to identify the most advanced, least invasive option for your surgical plan. Our practice provides the full range of breast services, while at the same time ensuring that your experience includes the education, support, and guidance you need to develop a treatment plan based on the latest science and one with which you are comfortable as you move forward.

Your surgical care is in highly specialized hands with Dr. Allen. Her fellowship training was dedicated solely to breast surgery at MD Anderson, one of the busiest breast programs in the country. Dr. Allen has dedicated her practice to breast health issues, so her focus is on breast care and breast care only.

In addition to being a highly skilled surgeon, Dr. Allen is also the director of Capital Health's Center for Comprehensive Breast Care.

BREAST CARE, AND ONLY BREAST CARE

Dr. Allen and her team treat women with a variety of breast related conditions, both malignant in nature (cancerous) and benign, which can range from masses that are non-cancerous to other conditions.

If you are dealing with breast cancer we work in close coordination with the team of specialists dedicated to your care. In addition to Dr. Allen, who will serve as your surgical oncology professional, your team will likely include a radiologist, medical oncologist, radiation oncologist, plastic surgeon, breast navigator, rehabilitation services, and more. We also work with you to coordinate any emotional support services you need as you navigate your diagnosis, treatment and recovery.

YOUR RELATIONSHIP WITH DR. ALLEN

When it comes to treating women with breast disease, specifically women diagnosed with breast cancer, Dr. Allen believes that providing outstanding care is just one part of her job. From the time you walk through the door you are part of a program dedicated to your physical and emotional wellbeing.

Dr. Allen maintains her schedule in a way that allows her to spend the time necessary with her patients to thoroughly explain the options, her recommendations, the components of the treatment plan, and most importantly, answer all of your questions.

“Early in my medical career I had the opportunity to work with breast cancer patients and from there it was a straightforward path for me,” said Dr. Allen. “I knew that I wanted to work closely with this group of patients and provide them with the latest surgical options for breast cancer, and to also offer support throughout the various phases of the disease.”



AMONG THE CONDITIONS WE TREAT

- Malignant breast disease to include primary breast cancer (pre-malignant and malignant, inflammatory breast cancer), phyllodes tumors, and palliation
- Mastitis
- Cysts
- Breast pain
- Nipple discharge
- Abscesses
- Gynecomastia
- High risk breast lesions
- Genetic predisposition to breast cancer

PROCEDURES WE OFFER

- Lumpectomies
- Mastectomies including nipple/skin sparing mastectomies
- Partial mastectomy
- Prophylactic mastectomy
- Surgical biopsy
- Core biopsy
- Fine needle aspiration (FNA)
- Sentinel Node Biopsy
- Axillary Lymph Node Dissection
- Duct Excisions

BEYOND SURGERY

- Clinical breast exam
- Review of films (MRI, Mammogram, Ultrasound, Molecular Breast Imaging) in conjunction with radiologists
- Post-surgical follow-up and monitoring
- Genetic testing



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