## SART of the MATTER

In 2014, the Art Cart Program for patients at Capital Health Medical Center – Hopewell was launched by members of our Volunteer Services and Guest Relations staff. Program volunteers visit patient rooms with a traveling cart containing art supplies for patients to draw, paint, collage, knit and more during their stay.

Patients can explore their own creativity and find comfort in the distraction from their illness or injury by completing projects of their choice.

"By engaging through a creative outlet, patients experience relief from their current situation and benefit from the companionship of a volunteer," said Linda Martin-Mills, manager, Guest Relations at Capital Health Medical Center – Hopewell.

The Art Cart is an extension of a long history of art within Capital Health. Capital Health Medical Center – Hopewell hosts a permanent collection of 400 pieces and a rotating gallery featuring a new exhibit every three months.

"At Capital Health, we surround patients with exhibits that highlight local artists and promote an environment of healing," said Nancy Goodwin, director, Volunteer Services at Capital Health. "The Art Cart allows us to expand this effort and engage patients in the tradition."

For more information about the Art Cart and how to volunteer, please contact Volunteer Services at 609.303.4023.



Pictured above Jane Zamost and Ruthann Traylor, two of the original volunteers for the Art Cart Program.