

## OUR NEW LOCATION IN HAMILTON

Whitehorse Executive Center  
1235 Whitehorse-Mercerville Road, Building C, Suite 301  
Hamilton, NJ 08619

**From the North (New Brunswick and Princeton):** Follow Route 1 South to Quakerbridge Rd. Take the Quakerbridge Rd. Exit East. Go through approximately seven lights before you come to Route 33. Go through the intersection of Route 33 (Applebee's Restaurant will be on left corner). Street name changes to Whitehorse-Mercerville Rd. Go through four lights. Whitehorse Executive Center is on the left, immediately following the fourth light. Follow the sign for Building C.

**From South Jersey:** Take Route 295 North to Exit 61 (Arena Drive). At the third light, make a left onto Whitehorse Avenue. Whitehorse Avenue changes to Whitehorse-Mercerville Road. Proceed on road for three lights. Whitehorse Executive Center is located on the right after the third light. Follow the sign for Building C.

**From the East (Freehold/Jackson):** Take Route 195 West towards Trenton. Exit at Hamilton Square. At the traffic light, make a left onto Kuser Rd. Follow Kuser Rd. for approximately two miles. The K-Mart Shopping Center will be on your left. Make a right onto Whitehorse-Mercerville Road. Proceed on Whitehorse-Mercerville Road and make a right into Whitehorse Executive Center. Follow the sign for Building C.

**From the West (Ewing/Trenton):** Follow Olden Ave. East to Whitehorse Ave. Make a left onto Whitehorse Ave. Proceed on Whitehorse Ave. to Kuser Rd. (K-Mart Shopping Center). Go through the intersection of Whitehorse Ave. and Kuser Rd. The name of the road will change to Whitehorse-Mercerville Rd. Proceed on Whitehorse-Mercerville Road and make a right into Whitehorse Executive Center. Follow the sign for Building C.

**From Pennsylvania (Route 95):** Take Route 95 North to Route 295 South to Route 33 East (Mercerville Exit). Follow to traffic light. Make a left onto Nottingham Way. You will need to be in right lane on Nottingham Way. Make a right onto Quakerbridge Rd. Go through traffic light at Route 33 (Applebee's Restaurant will be on left corner). Street name changes to Whitehorse-Mercerville Rd. Go through four lights. Whitehorse Executive Center is on the left, immediately following the fourth light. Follow the sign for Building C.

**From Pennsylvania (Route 1):** Follow Route 1 North into New Jersey. Follow Route 1 North to Whitehead Rd. East. Make a right at the end of the ramp. Go to the traffic light and make a left onto Sloan Ave. At the fourth traffic light, make a right onto Quakerbridge Rd. Proceed straight passing through a 5-points intersection to Route 33 (Applebee's Restaurant will be on left corner). Street name changes to Whitehorse-Mercerville Rd. Go through four lights. Whitehorse Executive Center is on the left, immediately following fourth light. Follow the signs for Building C.

## CONTACT US

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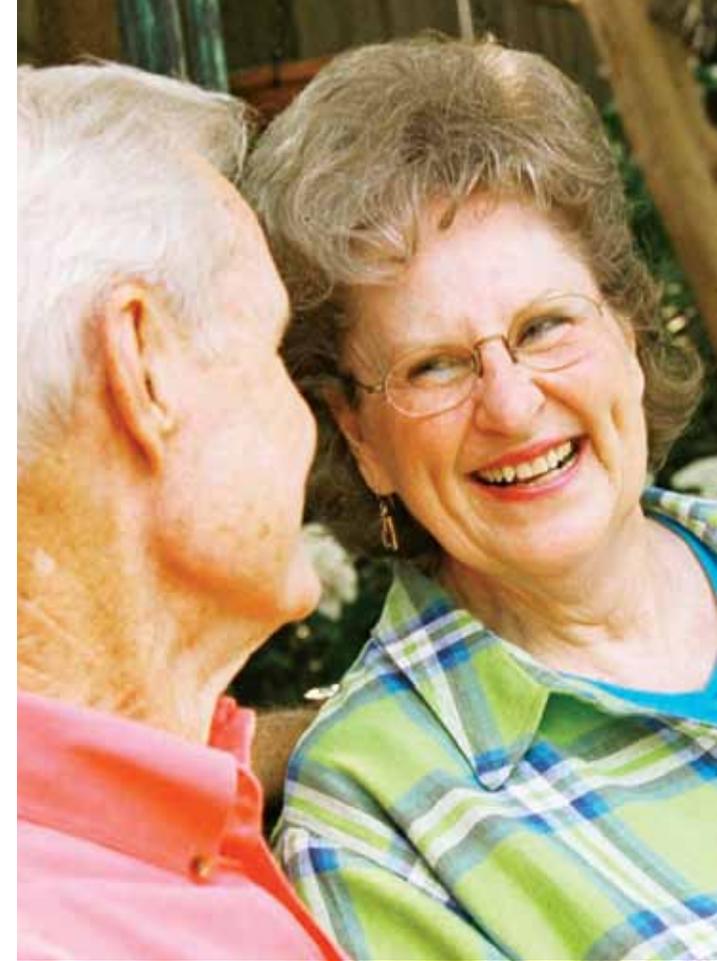
[capitalendocrinology.com](http://capitalendocrinology.com)



capita**health**

Minds Advancing Medicine

[capitalhealth.org](http://capitalhealth.org)



# CAPITAL ENDOCRINOLOGY



capita**health**

Minds Advancing Medicine

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## WELCOME TO CAPITAL ENDOCRINOLOGY

At Capital Endocrinology, we are committed to partnering with you to design a treatment plan that meets your individual health care needs. We specialize in the treatment and care of people living with all forms of diabetes, thyroid disorders, metabolic bone diseases (such as osteoporosis) and other problems involving the endocrine (or gland) system. Our board certified endocrinologists, Dr. Sheri Gillis Funderburk, Dr. Albert Empedrad, and Dr. Yan Wu provide patient-centered care for adults ages 18 and older.

We value you - our patients and your referring physicians - as an integral part of our health care team. Your initial visit includes an individualized assessment, which will help guide your treatment plan. We will continue to work with your primary care physician to make sure that the plan we develop collaborates with your overall health plan.

Individuals living with diabetes play a crucial role in managing their glucose. Our office's primary focus is to empower our patients to become more knowledgeable about their disease.

Our certified diabetes nurse educator works with you and our physicians to help enhance your knowledge of diabetes self-management. She works individually with people living with diabetes to promote healthy lifestyle changes designed to optimize diabetes management and overall health.



## DIABETES EDUCATION

In addition to our practice, we also offer a diabetes education program that is certified by the American Diabetes Association. This intensive program is widely recognized as the best model for improving the lives of patients with diabetes through personalized diabetes evaluation, one-on-one physician consultation, nutrition counseling, fitness and rehabilitation programs, wound care, and community diabetes lectures. The program empowers individuals to take control in order to live comfortably with diabetes.

Patients enter the program through a referral from their primary care physician. Once the program is completed, patients then continue to work with their regular primary care physicians for their overall health plan.

The program's trained professionals include certified diabetes educators, exercise physiologists, pharmacists, and registered dietitians.

## OUR PHYSICIANS

### SHERI GILLIS FUNDERBURK, MD



Dr. Gillis Funderburk received her medical degree from the University of Medicine & Dentistry of New Jersey - Robert Wood Johnson Medical School where she also completed an internal medicine residency and fellowship training in endocrinology and metabolism. She is board certified in internal medicine and endocrinology. She is also the medical director of Capital Health's diabetes education program.

### ALBERT EMPEDRAD, MD



Dr. Empedrad received his medical degree from the University of the Philippines College of Medicine in Manila, Phillipines. He completed an internal medicine residency at Nassau County Medical Center in East Meadow, NY and his fellowship training in endocrinology at University of Texas Southwestern Medical School. He is board certified in internal medicine and endocrinology.

### YAN WU, MD, PHD, FACE



Dr. Wu received her medical degree from Peking Union Medical College in Beijing, China. She completed an internship and residency at the University of Medicine & Dentistry of New Jersey - Robert Wood Johnson Medical School in New Brunswick, NJ and fellowship training in endocrinology at New York University School of Medicine in New York, NY. She is board certified in internal medicine as well as endocrinology, diabetes, and metabolism. She also speaks fluent Chinese.