



HEALTH HEADLINES

AUGUST 2013

MONTHLY NEWS FROM CAPITAL HEALTH

AWARDS & RECOGNITION



Baby® Friendly Designated Facility

CAPITAL HEALTH ACHIEVES HIGHEST STROKE CENTER DESIGNATION

Capital Health Regional Medical Center is one of only two hospitals in New Jersey to receive Advanced Certification from The Joint Commission for its Comprehensive Stroke Center.

Capital Health Regional Medical Center has received Advanced Certification from The Joint Commission for its Comprehensive Stroke Center, a new designation available only to elite centers that meet The Joint Commission's highest standards for providing complex stroke and cerebrovascular care.

The Joint Commission and the American Heart Association/American Stroke Association recently launched the Advanced Certification program for Comprehensive Stroke Centers (CSCs) to recognize the significant resources in technology, staff and training that comprehensive stroke centers must have today to provide the highest level of emergency care for conditions like strokes, bleeds, and aneurysms.



"In the past several years, Capital Health has become known for providing exceptional neuroscience care," said **AL MAGHAZEHE**, president and CEO of Capital Health.

"This is the result of tremendous hard work and the dedication of countless individuals. I am extremely proud of our entire team for their tireless commitment to providing stroke care that serves as an example to other hospitals throughout the country."



"This prestigious designation confirms that we offer a state-of-the-art center providing the highest level of neurologic care possible," said **DR. EROL VEZNEDAROGLU**, director of the Capital Institute for Neurosciences. "Our model brings top physicians from around the nation under one roof to focus on one thing, brain and spine care, and to perform better in that area than anyone else. The Joint Commission designation

recognizes an expertise and commitment to excellence that extends well beyond the treatment of stroke patients and includes all types of cerebrovascular emergencies such as aneurysms, arteriovenous malformations (AVMs) and intracranial hemorrhages."

Joint Commission experts extensively reviewed Capital Health's ability to meet stringent standards for Comprehensive Stroke Centers, including dedicated neuro-intensive care unit beds for complex stroke patients with 24/7 neuro-critical care, advanced imaging capability, coordination of patient's post-hospital care, and participation in stroke research.

Perhaps most important, the Institute for Neurosciences exceeded minimum volume requirements for treating patients with various conditions, including subarachnoid hemorrhage, aneurysms (both endovascular coiling and surgical clipping) and in administering potentially lifesaving clot-busting medication, IV tPA.

"Today, getting the right treatment from the right stroke center at the right time can make an enormous difference in whether a patient survives a stroke or other cerebrovascular emergency and is able to return to his or her former life," said **DR. MANDY J. BINNING**,



director of the Comprehensive Stroke Center at the Capital Institute for Neurosciences. "Every day we see the difference we are making in our patients' outcomes. The best emergency cerebrovascular care can make the difference between a patient going back to work — or a patient facing a life of profound disability."

To learn more about the Capital Institute for Neurosciences, visit **capitalneuro.org** or call **609.537.7300**. Are you experiencing signs or symptoms of a stroke? Call 9-1-1.

NEW



STARS PROGRAM OFFERS 24/7 SURGICAL SERVICES FOR COMPLEX NEEDS

When lifesaving, acute care surgery and surgical intensive care are necessary, Capital Health is ready 24/7.

The STARS program, which stands for Surgical Trauma and Acute Resuscitative Service, brings together the focused and coordinated care needed for critically ill surgical patients.

The program includes a team of acute care surgeons, who are all fellowship trained in surgical critical care, and a closed surgical intensive care unit based in the new, state-of-the-art medical center, Capital Health Medical Center-Hopewell. In addition to providing care to patients in the immediate area, the program is available to other hospitals that have patients who require transfer to a tertiary level program.



The program is led by Dr. Michael Kalina, director of Acute Care Surgery, and **DR. STEVEN JOHNSON**, vice chairman of the Department of Surgery and director of Surgical Critical Care.

"Our program supports patients and their referring physicians in caring for critically ill surgical patients at every point in their care. Our team manages acute surgical emergencies every day, oversees a

dedicated surgical intensive care unit, and has extensive experience treating patients who in addition to their surgical needs



intensive care unit also includes specially trained physician assistants, nurse practitioners, and nurses, along with a multidisciplinary team of pharmacists and allied health practitioners, including respiratory therapists, nutritionists, and social and physical rehabilitation specialists.

"Our program offers a team of acute care surgeons who are fellowship trained in surgical critical care and available around the clock for all surgical needs. We work closely with other highly specialized surgeons who practice at Capital Health, as well, so that patients have access to the additional expertise they may need," said Dr. Johnson.

For more information about Dr. Johnson, Dr. Kalina or the new STARS program, call **609.537.6000**.

have chronic medical conditions such as heart disease, diabetes, high blood pressure, or kidney disease that require focused care," said **DR. KALINA**.

In addition to surgical intensivists, the program's surgical

Some conditions managed by the STARS program include:

- necrotizing, complex skin and soft tissue infections and wounds
- hemorrhages, including intestinal, visceral, or extremity bleeding
- vascular emergencies including abdominal, carotid, or extremity aneurysms
- complex hepatic, intestinal, pancreatic or soft tissue masses
- any condition associated with SIRS, sepsis, or shock such as:
 - acute appendicitis
 - cholecystitis
 - diverticulitis
 - severe necrotizing pancreatitis
 - intestinal obstruction
 - intestinal ischemia
 - intra-abdominal sepsis, abscess
 - incarcerated hernias
 - perforated internal organs

CONTINUING TO EXPAND NEUROSCIENCES AT CAPITAL HEALTH

NEW SPECIALIST BRINGS UNIQUE EXPERTISE IN ALZHEIMER'S AND MEMORY ISSUES



Capital Health is pleased to announce that **DR. G. PETER GLIEBUS**, a fellowship trained specialist in cognitive neurology and Alzheimer's disease, has joined the Capital Institute for Neurosciences.

Dr. Gliebus joins the Institute as medical director of the Cognitive Neurology Program at Capital Health, part of the Institute's Center for Neurologic Diseases. He received his fellowship training from the nationally recognized Northwestern University Feinberg School of Medicine's Cognitive Neurology and Alzheimer's Disease Center.

"Dr. Gliebus provides a wealth of knowledge and experience in treating Alzheimer's disease and cognitive disorders, an expertise that is critically important to supporting the health needs of our community. We are very pleased he has joined our roster of neurology specialists," said Dr. Erol Veznedaroglu, director of the Capital Institute for Neurosciences.

The Cognitive Neurology Program at the Institute provides comprehensive services for patients with Alzheimer's disease, memory loss and other cognitive disorders. The program will also provide support and education for families and caregivers of patients with dementia and Alzheimer's disease.

"Being part of a comprehensive neuroscience institute provides patients with access to a full range of specialists no matter what their diagnosis may be," said Dr. Gliebus. "Having the latest technology, testing and interventions all in the same place is critical."

Dr. Gliebus is board certified in neurology, with additional certifications in behavioral neurology and neuropsychiatry.

To schedule an appointment with Dr. Gliebus or other Institute specialists, call **609.537.7300**.



JOIN CAPITAL HEALTH PRESIDENT AND CEO AND HEART WALK CHAIR AL MAGHAZEHE



FOR THE 2013 MERCER COUNTY HEART WALK

SUNDAY, SEPTEMBER 8

AT MERCER COUNTY PARK

REGISTER AS PART OF CAPITAL HEALTH'S TEAM:

www.mercercountyheartwalk.org



Together to End Stroke™

Greater Mercer County Together To End Stroke Sponsor



capitahealth

HARVARD-BASED SURGEON JOINS CAPITAL HEALTH, OPENS NEW WEIGHT LOSS SURGERY CENTER AT HOPEWELL

The National Institutes of Health and the American Medical Society both recognize obesity as a complex, chronic disease that requires a multifaceted approach, which means chronic obesity is a problem that can go beyond the simple need for healthier diet and exercise choices.



To take the lead in addressing this national concern on a regional level, Capital Health is announcing the creation of a new Metabolic & Weight Loss Center, which will be led by **DR. JOOYEUN CHUNG**, a fellowship trained bariatric surgeon who specializes in diagnosis and treatment of metabolic disorders with a focus on minimally invasive weight loss surgical procedures.

Prior to joining Capital Health, Dr. Chung was a surgeon at Brigham and Women's Hospital and on the faculty at Harvard Medical School. She has performed hundreds of procedures, including minimally invasive gastric bypass, sleeve gastrectomy and lapband operations that resulted in successful outcomes for patients battling chronic obesity.

"For years, bariatric surgery has been thought of as just an option for weight-loss. However, recent research is showing that chronic obesity is more likely caused by other metabolic disorders that are not related to lifestyle choices such as diet and exercise," said Al Maghazeh, president and CEO, Capital Health. "Dr. Chung joins us from one of the nation's most renowned medical research facilities to keep Capital Health and our region on the cutting edge of this widespread disease."

"When it comes to treating metabolic disorders and chronic obesity, I am equally invested in patients' successful outcomes as the patients themselves. I continually work with patients throughout the clearance, surgery and post-operative process so that, together, we can make the procedure as successful as possible for achieving long-term health goals," said Dr. Chung.

Dr. Chung completed her fellowship training at Thomas Jefferson University in Philadelphia, where she also completed her internship and residency in general surgery. She earned her medical degree from Pennsylvania State University College of Medicine and is board certified by the American Board of General Surgery.

Appointments with Dr. Chung can be made by calling Capital Health Surgical Group at **609.537.6000**.

JOIN US FOR A FREE WEIGHT LOSS SURGERY INFORMATION SESSION

Wednesday, August 28
NJ PURE Conference Center
Capital Health Medical Center – Hopewell | 6 p.m.

Join Dr. Chung for a FREE information session designed for patients considering weight loss surgery at Capital Health. Please arrive 10 minutes early to register. Light refreshments will be served.

All attendees must pre-register online at capitalhealth.org/events or by calling **609.394.4153**. Please RSVP by August 26.

WHO QUALIFIES FOR BARIATRIC SURGERY

You may be a candidate for bariatric surgery if you are an adult with:

- A body mass index (BMI) of 40 or more
- A BMI between 35 and 39.9 and a serious obesity-related health problem such as diabetes mellitus type 2 (DM2), hypertension, obstructive sleep apnea, and asthma

Patients are referred through their primary care physician or endocrinologist and must pass a series of clearance screenings before being considered for surgery.

MULTIPLE SURGICAL SPECIALTIES... ALL IN ONE PLACE

Capital Health Surgical Group is a multi-specialty surgical practice comprised of experienced surgeons who are experts in acute care surgery, bariatric surgery, breast surgery, general surgery, liver/pancreas/gall bladder surgery, minimally invasive surgery, surgical oncology, vascular surgery and surgical critical care. Visit capitalsurgical.org or call one of our two offices listed to learn more about this unique practice or to make an appointment.

- Alfredo R. Abud, MD
- Jooyeun Chung, MD
- Joshua A. Eisenberg, MD, FACS
- Christopher J. Gannon, MD, FACS
- Steven A. Johnson, MD, FACS
- Michael Kalina, DO, FACOS
- Francis E. Rosato, MD, FACS

Two Capital Way, Suite 356
Pennington, NJ 08534
609.537.6000

• Lisa R. Allen, MD
Two Capital Way, Suite 505
Pennington, NJ 08534
609.537.6700

Scan this QR Code™ to learn more about the surgeons at Capital Health Surgical Group.



FELLOWSHIP-TRAINED LIVER SPECIALIST JOINS CAPITAL HEALTH, OPENS NEW CENTER FOR LIVER DISEASE

The Centers for Disease Control and Prevention estimates that more than 5 million Americans are living with chronic hepatitis C or B (inflammation of the liver caused by a viral infection) and most are unaware that they are infected.

Capital Health and its Center for Digestive Health are creating better local access to advanced liver disease tests and treatment by announcing the creation of a new Center for Liver Disease, which will be led by **DR. SANTIAGO MUNOZ**, a fellowship



trained transplant hepatologist who specializes in diagnosis and treatment of acute and chronic liver diseases, cirrhosis, primary liver cancer (heptoma) with a focus on liver failure patients.

“Hepatitis is a leading cause of primary liver cancer and the most common reason for a liver transplant. Because of this growing medical need, we are pleased to welcome Dr. Munoz, who is introducing to our region a unique level of expertise in liver disease and treating liver transplant patients before and after transplant surgery,” said Al Maghazehe, President & CEO, Capital Health.

Prior to joining Capital Health, Dr. Munoz was the medical director

for liver disease programs at Thomas Jefferson University Hospital, Albert Einstein Medical Center, and Temple University Hospital in Philadelphia, PA. In addition to his fellowship training in gastroenterology and hepatology at Thomas Jefferson Hospital of Jefferson Medical College, he also completed a research fellowship in medicine as well as a research fellowship in pharmacology and experimental therapeutics at The Johns Hopkins School of Medicine in Baltimore, MD.

“My goal for the Center for Liver Disease is to provide advanced hepatology services in a local setting to help referring physicians and their patients receive the advanced care that they need, closer to the communities in which they live and work,” said Dr. Munoz.

Appointments with Dr. Munoz can be made by calling the Capital Health Center for Digestive Health at **609.537.5000**.

for liver disease programs at Thomas Jefferson University Hospital, Albert Einstein Medical Center, and Temple University Hospital in Philadelphia, PA. In addition to his fellowship training in gastroenterology and hepatology at Thomas Jefferson Hospital of Jefferson Medical College, he also completed a research fellowship in medicine as well as a research fellowship in pharmacology and experimental therapeutics at The Johns Hopkins School of Medicine in Baltimore, MD.



BROAD-BASED GENERAL SURGEON GROWS PRACTICE WITH CAPITAL HEALTH



For as long as **DR. JOSEPH DELLACROCE** has been a general surgeon (24 years to be exact), he has only known one medical staff—Capital Health. But as

Capital Health has grown during that time from two community hospitals to a tertiary level health system that covers the entire region, Dr. DellaCroce continues to provide the same personal care of a community hospital, broad-based general surgeon combined with advanced minimally invasive procedures for conditions throughout the body.

“I follow my patients throughout the entire process—from diagnosis to follow-up care. I prefer to do my own rounding so that patients get very personal, individualized care. When a patient calls my office, they speak to me on the other end of the call or if it’s after office hours, I call them back within 15 minutes,” said Dr. DellaCroce, who is board certified in general surgery by the American Board of Surgery.

Part of being a broad-based general surgeon means that Dr. DellaCroce can perform a wide variety of procedures without focusing on one specific area. Some of the operations he performs include a full-range of breast procedures (from ultrasound

mammotome biopsy to nipple-sparing mastectomy), single-incision gall bladder removal and minimally invasive colon resection, hernia repairs and appendectomies to name a few.

While many surgeons today prefer to use a radiologist to perform their biopsies, Dr. DellaCroce prefers to perform his own so that he continues to be the single point of reference for patients along their entire care path. His practical process is very work-intensive, but it helps simplify for patients the complexities of having surgery and diagnostic testing when only one person is their point of contact, according to Dr. DellaCroce.

“This past April, I took my first vacation in three years, but this is the life of a community-based general surgeon in private practice. Over the years, I’ve been offered faculty positions to teach at universities. I was even offered to train other surgeons through a program offered by Ethicon [part of the Johnson & Johnson family of companies] but I enjoy the one-on-one time with my patients too much. Getting to follow through the entire healing process with patients is what I enjoy most,” said Dr. DellaCroce.

Call **609.818.0040** for more information or to contact Dr. DellaCroce.

CAPITAL HEALTH EVENTS COMING NEXT MONTH

Unless noted otherwise, register for the following events by visiting us online at capitalhealth.org/events or call 609.394.4153.

Family & Friends CPR
Monday, September 30 | 9-11 a.m.,
1-3 pm, 5-7 p.m.
Capital Health Medical Center – Hopewell

This class teaches participants how to perform CPR on adults, children, and infants, and how to help people that are choking. Call the Emergency Medical Services Education Department at 609.815.7291 to register.

Q&A Session About Breast Density and Breast Cancer
Presented by the Capital Health Center for Comprehensive Breast Care
Thursday, October 3 | 6 p.m.
Capital Health Medical Center – Hopewell
RSVP by September 30.

Featuring the following topics:

- Dr. Lisa Allen: “Breast Density, What Does It Mean?”
- Dr. Anne Moch: “Imaging Studies to Monitor Breast Density”
- Dr. Joseph DellaCroce: “Breast Biopsy and Surgical Options”
- Dr. Gary Tuma: “Plastic Surgery Options”
- Dr. Shirnett Williamson: “Radiation Therapy, Partial Breast Radiation”
- Dr. Bernard Grossman: “Medical Oncology, Tools to Measure”
- Rona Remstein: “Genetics”
- Trish Tatrai: “Role of Breast Navigator”

Cardiovascular Disease Prevention and Free Screenings
Presented by the Capital Health Heart & Vascular Institute
Tuesday, October 1 | 5 p.m.
Capital Health Medical Center – Hopewell
RSVP by Friday, September 27.

Join us for a free seminar to learn ways to prevent cardiovascular disease. Make an appointment for the following free screenings:

- Carotid Artery Duplex
- Abdominal Aortic Ultrasound
- Lower Extremity Pulse Examination
- Varicose Vein Inspection
- Blood Pressure and Cholesterol Testing