Basic Life Support (BLS)

for Healthcare Providers Online Part 1

Online

American Heart Association®

What is it?

The American Heart Association's BLS for Healthcare Providers Online Part 1 Course, web-based and accessible 24 hours a day, provides a flexible alternative to classroom training. Through case-based scenarios, interactive activities and videos, this course teaches the concepts of both single-rescuer and team basic life support.

Part 1 must be paired with a hands-on skills practice and testing session (Parts 2 and 3) with an AHA BLS Instructor. Students who successfully complete Part 1 receive a certificate that allows them entrance to a skills practice and testing session. An AHA BLS for Healthcare Providers course completion card will be issued upon successful completion of all three parts.

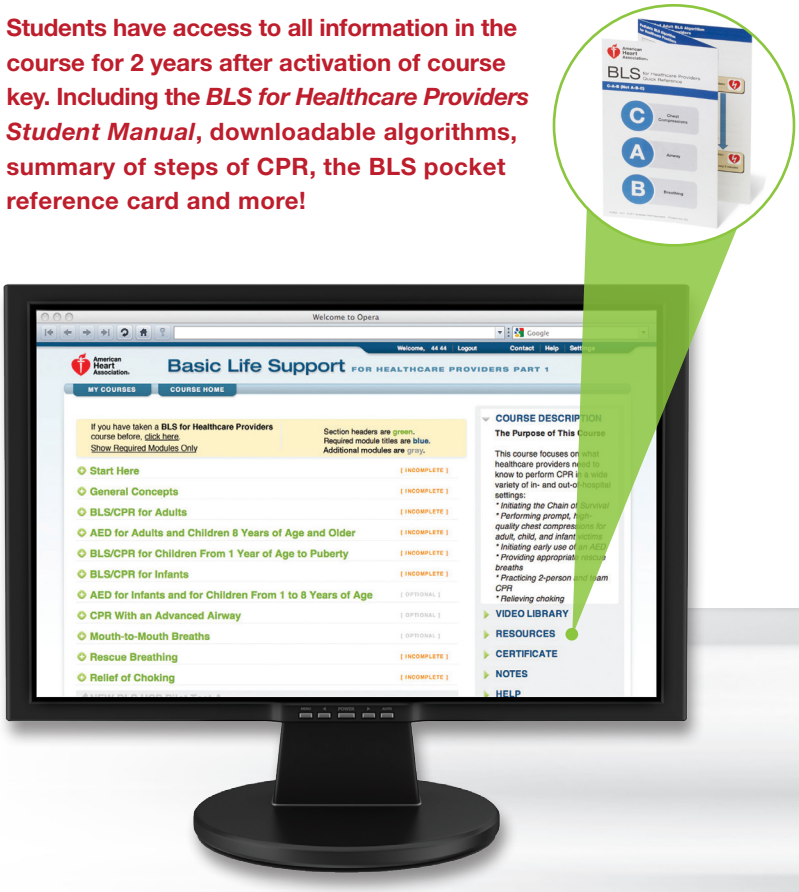
Course Covers

- Key changes in basic life support, reflecting new science from the *2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care*
- Critical concepts in high-quality CPR
- The American Heart Association Chain of Survival
- 1-rescuer CPR and AED for adults, children and infants
- 2-rescuer CPR and AED for adults, children and infants
- Differences among adult, child and infant rescue techniques
- Bag-mask techniques for adults, children and infants
- Rescue breathing for adults, children and infants
- Relief of choking for adults, children and infants
- CPR with an advanced airway*

Primary Audience

This course is for healthcare professionals who need to know how to perform CPR, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings.

Students have access to all information in the course for 2 years after activation of course key. Including the *BLS for Healthcare Providers Student Manual*, downloadable algorithms, summary of steps of CPR, the BLS pocket reference card and more!



* This is an introduction to the compression and ventilation rates for a patient who has an advanced airway in place. For more information on advanced airways, please refer to the Airway Management Course.

BLS ACLS PALS ECCHEALTHCARE

www.heart.org/healthcaretraining

For more information visit **OnlineAHA.org** or : Contact the EMS Education Office at (609) 815-7291.

www.OnlineAHA.org

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